

Dear Young Adult,

When you turn 18, seeking medical care is a new responsibility. Your parents can help guide you in seeking medical care, however, as an adult you have the right and responsibility for your medical care. This means that you may now seek medical care without your parents' consent and call for your own appointments as needed.

At your next visit to the office, you will be given a packet of forms that you will need to fill out and also a few things you will need to know about being responsible for your own medical care. This is registration information that will need to be updated with our office every calendar year. The forms you need to complete can also be found on our website, [www.limestonepeds.com](http://www.limestonepeds.com) under patient forms, and can be submitted securely online to our office.

### **THINGS TO KNOW:**

- All paperwork must be **completed and signed by you as the adult patient.**
- You will need to complete a **PATIENT REGISTRATION** form. Please fill out this form to accurately reflect your demographic information as well as information related to your guardians.
- Under the Federal Health Information Portability and Accountability Act (HIPAA), medical records are now records between you and your health care provider. Access to your medical records and any discussion regarding your health is only provided to people that you consent to, including your parents. If you wish your parents to discuss your health on your behalf, you must provide written consent to your health care provider by completing a form. This form is called a **CONSENT TO USE AND DISCLOSE HEALTH INFORMATION** form and is needed to notify our office who you may allow to have access to your medical records. If we do not have this signed form on file, Limestone Pediatrics **WILL NOT** be able to share your medical information, even immunizations.
- **Limestone Pediatrics will continue to provide medical care for you through your 22<sup>nd</sup> year.** At that time, Limestone Pediatrics will help you make a smooth transition from pediatric to adult health care.
- When calling for an appointment, you will need to let the receptionist/nurse know the reason for your appointment. Please provide the most accurate description of the reason you need an appointment, so the accurate amount of time is taken for your appointment.
- Your parents may come to the appointment with you but you will need to check in and sign the forms for yourself.
- You will need to pay for any co-payments or billing portions required at that date of service.
- You will need to sign for any vaccinations. Your mom, dad, or guardian can no longer sign for you.
- Unless specific consent is given, we are not permitted to talk with your parents about your health care. You will need to have the discussion with your doctor. Your parents may only be involved if you provide consent to do so.
- You have the right to be informed of your medical care and treatment. You also have the right to refuse medical treatment if you so wish.
- **Specialty Care:** Please note that if you are in need of specialist care outside of the general care we can provide and are not already established with the specialty, we encourage you to begin the process of transferring to an adult care physician who can better schedule the specialist appointments for you.

Limestone Pediatrics wants the transition to adulthood to be as seamless as possible so that we can continue to provide you with quality medical care.

Sincerely,

The Providers of Limestone Pediatrics